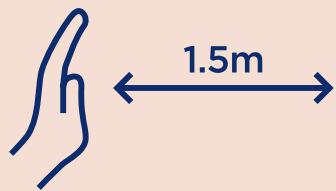


Hygiene Rules for Visitors, Contractors and Employees

Routine cleaning of frequently touched surfaces using appropriate detergent/disinfectant solutions or wipes is effective at minimising the risk of virus & germ transmission.

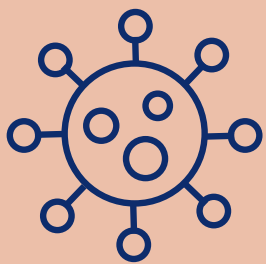
LET'S
STOP
THE SPREAD



1. DISTANCE

Avoid close contact with people who are sick.

Stay 1.5 metres apart and 4 square metres per person in an enclosed space.



2. MINIMISE SPREAD OF GERMS

Avoid touching your face especially mouth, eyes and nose.

Always cover your cough or sneeze with a tissue, then throw the tissue in the bin. Stay at home if you are unwell.



3. HAND WASHING

Wash your hands often with **soap** and water for at least **20 seconds**. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least **60% alcohol**.



4. CLEAN & DISINFECT

Clean and disinfect frequently touched objects and surfaces.

Cleaning products should be chosen for appropriateness for the surface to be cleaned. In general, combined detergent/disinfectant solutions or wipes should be chosen for hard surfaces.



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